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Sugar lakes family practice sugar land

Our full service clinic provides immediate treatment for sudden or unexpected illnesses (Acute Illness Treatment includes flu symptoms, bronchitis and more) and injuries which are not life-threatening. We offer an effective alternative to avoid the time and hassle of a costly trip to the emergency room. We are an immediate, urgent care center specializing in all of life's little medical urgencies and non-emergencies. **For true life-threatening emergencies, such as chest pain, shortness of breath, or severe abdominal pain, please call our office immediately. Have a question? Give us a call to discuss. We're here to help. Patients can be treated, for a multitude of conditions such as the flu, allergies, asthma, joint pain, sprains, and STDs. Colds Flu Sinus Infection Ear Infections Bronchitis Minor Injuries: Sprains, etc Urinary Tract Infection Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 We look forward to helping you and your family. Contact us today to get started with your consultation. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 Ann Marie Heikkinen, M.D. Dr. Heikkinen's medical focus is educating her patients and preventive medicine. She feels strongly that exercise should be a part of a healthy lifestyle. She is a member of the American Academy of Family Physicians, Texas Academy of Family Physicians and the Texas Medical Association. She is board certified in Family Practice. Dr. Heikkinen completed her undergraduate degree at the University of Missouri-Columbia with a B.S. in Biochemistry, and her medical degree from Louisiana State University in New Orleans. She completed her residency East Jefferson General Hospital, in Metairie, LA. When away from the office, Dr. Heikkinen enjoys time with her husband and three children. She also enjoys exercising, reading, travel and boating. We are a comprehensive medical group, caring for patients of all ages. We focus on preventive medicine and health maintenance by providing wellness exams, routine and sports physicals, and patient education. We work together to give you personalized, complete medical care from routine check-ups to advanced treatment of complex illnesses such as diabetes, heart disease, and hypertension. We are your medical home providing preventive care, education, routine lab work, and referrals to trusted specialists. We have more than 20 years of experience providing quality medical care to patients and families. We help our patients share in the responsibility of exercising good health practices for themselves and their families. We look forward to helping you and your family. Contact us today to get started with your consultation. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 At Sugar Land Family Practice we have a long history of caring for our patients. We have been providing care for families in Fort Bend for close to 20 years. As your primary care providers we stress preventative medicine and early detection. We are committed to providing acute and chronic care that is cost efficient, comprehensive, compassionate, and individualized. Come visit our clinic and allow us to care for you and your family. General PhysicalsSports PhysicalsWell Women ExamsSmall ProceduresBone DensityDiabetes ManagementImmunizationsWeight Loss CounselingIn House LabsAllergy TestingBreathing TestsCardiac Testing And EvaluationSleep EvaluationBody Fat AnalysisAnd Much More We believe that prevention is better than a cure. We offer many preventative healthcare tests. I believe that the greatest gift you can give your family and the world is a healthy you. - Joyce Meyer Sugar Lakes Family Practice, P.a. - NPI 1588789986 Sugar Lakes Family Practice, P.a. (SUGAR LAKES FAMILY PRACTICE, P.A.) is a Clinic / Center in Sugar Land, Texas. Primary care clinics acts as principal point of healthcare services to patients of all ages - evaluation and treatment is usually provided by general practitioners and family medicine doctors. The NPI Number for Sugar Lakes Family Practice, P.a. is 1588789986.The current location address for Sugar Lakes Family Practice, P.a. is 16902 Southwest Fwy Ste 100, , Sugar Land, Texas and the contact number is 281-565-2800 and fax number is 281-565-2801. The mailing address for Sugar Lakes Family Practice, P.a. is 16902 Southwest Fwy Ste 100, , Sugar Land, Texas - 77479-3574 (mailing address contact number - 281-565-2800).Provider Profile Details: Clinic NameSugar Lakes Family Practice, P.a. Provider OrganizationSUGAR LAKES FAMILY PRACTICE, P.A. Address16902 Southwest Fwy Ste 100, Sugar Land,Texas, 77479-3574 Phone Number281-565-2800 Fax Number281-565-2801 Authorized Official NameAmber Lynn Bialas Authorized Official Title/PositionOffice Administrator Authorized Official Contact Number281-565-2800 NPI Number Details: NPI Number1588789986 Provider Enumeration Date03/21/2007 Last Update Date07/21/2022 Provider Business Mailing Address Details: Address16902 Southwest Fwy Ste 100, CitySugar Land StateTexas Zip77479-3574 Phone Number281-565-2800 Fax Number281-565-2801 Provider's Primary Taxonomy Details: TypeAmbulatory Health Care Facilities SpecialityClinic/center Taxonomy261Q00000X Definition:A facility or distinct part of one used for the diagnosis and treatment of outpatients. "Clinic/Center" is irregularly defined, sometimes being limited to organizations serving specialized treatment requirements or distinct patient/client groups (e.g., radiology, poor, and public health). Secondary Taxonomy Details: Other SpecialityClinic/center Other Taxonomy261Q00000X Other TypeAmbulatory Health Care Facilities DefinitionA facility or distinct part of one used for the diagnosis and treatment of outpatients. "Clinic/Center" is irregularly defined, sometimes being limited to organizations serving specialized treatment requirements or distinct patient/client groups (e.g., radiology, poor, and public health). Provider's Other Legacy Identifiers: IdentifierIdentifier TypeIdentifier StateIdentifier Issuer We are using a secure patient portal for you to communicate with your doctor at Sugar Lakes Family Practice. You can use this service to communicate with our practice securely and efficiently, view your Personal Health Records, review your lab results and statements, request for appointments, see date and time of upcoming appointments, request a prescription refill from pre-populated list of currently refillable prescriptions, and manage your personal information. To use this service you will need a username and password. HealthCare Support Portal facilitates better communication with your physician's office by providing convenient 24 x 7 access from the comfort and privacy of your own home or office. Using your secure portal you will be able to: Communicate with practice, securely and efficiently, view your Personal Health Records. Review your lab results and statements. View date and time of upcoming appointments. Request a prescription refill from pre-populated list of currently refillable prescriptions. Manage your personal information. Entry limit reached. Please call our office Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 We believe in serving our community with quality healthcare and easy access. Our office in Sugar Land has doctors on staff for minor medical procedures so you can avoid the wait time at the hospital or a surgical center. Our minor medical services are conducted by trained physicians in a comfortable, local environment to get you better and back on your feet fast! We look forward to helping you and your family. Contact us today to get started with your consultation. These are procedures that do not require sedation or anesthesia. Some of these services include (but are not limited to): Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 Family PracticeHours: TipsHoursMondayTuesdayWednesdayThursdayFridayPhotosSeptember 2024Staff was friendly and helpful!!!! Always a great experience.September 2024Great provider who takes the time to listen and develop an action plan. Very helpful information!September 2024Love the staff everyone's helpful and courteous.More Comments(112)You May Also Like Our compassionate approach to practicing medicine makes us unique in our field. We emphasize physical fitness, wellness, nutrition, and stress management to maintain our patients' health and quality of life. By evaluating the big picture we can provide the best advice to suit your individual lifestyle so we can help you maintain your well-being. Some of our Preventative Services include: Wellness Exam Well Child Exam Well Woman Exam Immunizations Sports Physical Preventive Care Preventive care lets your doctor identify potential health problems before you feel symptoms. We are a leading advocate for disease prevention in Sugar Land and Fort Bend, offering health screenings for men and women as well as providing health education and counseling. Our Focus on Wellness We believe in the ongoing pursuit of a healthy body and mind through a healthy lifestyle. You deserve first class service. During each examination our physician will focus on your wellness and give you the best treatment possible. To that end we offer the most comprehensive diagnostic testing in the area with an amazing surrounding network of referral physicians as needed. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 Sugar Lakes Family Practice, P.a. 16902 Southwest Fwy Ste 100Sugar LandTX 77479-3574 (281) 565-2800 (281) 565-2801 Sugar Lakes Family Practice is a comprehensive medical group, caring for patients of all ages. We focus on preventive medicine and health maintenance by providing wellness exams, routine and sports physicals, and patient education. We help our patients share in the responsibility of exercising good health practices for themselves and their families. We provide medical care as your first point of contact for regular physicals (annual wellness visits), routine health screenings as well as a go-to person for health concerns and sick visits and medication needs. By establishing a relationship with a primary care physician, whether you are healthy or experiencing symptoms, you may be able to catch potential serious problems early and/or avoid them all together. At Sugar Lakes Family Practice, we are fortunate to have a many highly experienced and compassionate primary care physicians, nurse practitioners and physician assistants at our central Sugar Land family clinic. Our providers walk closely with their patients, providing necessary referrals, advice and support throughout the lifespan. Dr. John Vanderzyl was recently named one of the "Top Doctors in America" in a survey of physicians who were asked which doctor they would recommend for their families. Dr. Mata has devoted his practice to disease prevention, focusing his efforts on screening, education and preventative medicine for his patients' overall well-being. Dr. Pozzi's relationship with his patients is both friendly and educational. He enjoys teaching patients about their health and medical treatment so they may make informed decisions. The Patient Portal powered by eClinicalWorks gives you 24/7 access to your medical information from the comfort and privacy of your own home. Patient Portal uses leading-edge technology to promote healthcare and makes it easier to perform preventative care, with a secure communication channel between you and your doctor, you can do all of the following: Update your demographics Review your personal health records (PHR) View lab results Request refills of authorized prescriptions Ask general questions and more Ask your doctor's office to get you registered in the patient portal. We look forward to helping you and your family. Contact us today to get started with your consultation. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 Our full service clinic provides immediate treatment for sudden or unexpected illnesses (Acute Illness Treatment includes flu symptoms, bronchitis and more) and injuries which are not life-threatening. We offer an effective alternative to avoid the time and hassle of a costly trip to the emergency room. We are an immediate, urgent care center specializing in all of life's little medical urgencies and non-emergencies. **For true life-threatening emergencies, such as chest pain, shortness of breath, or severe abdominal pain, please call our office immediately. Have a question? Give us a call to discuss. We're here to help. Patients can be treated, for a multitude of conditions such as the flu, allergies, asthma, joint pain, sprains, and STDs. Colds Flu Sinus Infection Ear Infections Bronchitis Minor Injuries: Sprains, etc Urinary Tract Infection Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 At present, we participate in over 100 insurance plans. We do not accept Medicaid or Workmen's Compensation. To expedite your visit with us, please designate one of the following physicians as your primary care provider before arriving at the office: Dr. John Vanderzyl Dr. Henry Mata Dr. John Pozzi Dr. Mark Trippett Dr. Ann Heikkinen Dr. Patrick Coate Dr. Annie Garaghty We verify the insurance status of every patient before they see the doctor. All office fees are payable at the time of service. We will file your insurance claim for you, but patients are responsible for paying all co-payments, deductibles, and for all non-covered services and fees. Aetna Allsavers Blue Cross/Blue Shield Boon Chapman Cigna Community HealthChoice Humana Memorial Hermann Medicare Advantage Meritan MultiPlan PHCS Traditional Medicare Tricare UMR United Healthcare Web TPA Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 Dr. Cantu completed her undergraduate degree at Texas A&M University and earned her medical degree from Texas A&M Medical School. She completed her residency at Memorial Hermann Southwest in Houston. She is board certified in Family Practice. Her medical affiliations are American Academy of Family Physicians, the Texas Academy of Family Physicians and the Texas Medical Association. Dr. Cantu is married and has three children. She is very involved with her children's activities and does volunteer work with their schools. When not at the clinic, she enjoys spending time with her family and their activities, reading, exercising and traveling. Dr. Cantu provides individual care and attention to her patients through education, treatment and preventive medicine. We help our patients share in the responsibility of exercising good health practices for themselves and their families. We have more than 20 years of experience providing quality medical care to patients and families. Our team of board-certified physicians, quality physician assistants, caring nurses, and dedicated staff work together to give you personalized, complete medical care from routine check-ups to advanced treatment of complex illnesses such as diabetes, heart disease, and hypertension. We are your medical home providing preventive care, education, routine lab work, and referrals to trusted specialists. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479 At Sugar Lakes Family Practice, we focus on preventive medicine and health maintenance by providing wellness exams, routine and sports physicals, and patient education. We help our patients share in the responsibility of exercising good health practices for themselves and their families. We provide medical care for most conditions including, but not limited to, heart disease, diabetes, hypertension, and thyroid disease. We also perform biopsy and cryotherapy for skin lesions, repair lacerations and treat many orthopedic conditions. Bone Density Testing Mole and Skin Tag Removal Cholesterol Monitoring Diet, Weight Counseling and Treatment Wound Care Routine PAPs and Physicals Well Child Exams Adult Exams Diet and Nutrition plans by Registered Dietician Immunizations Drug Screening for Businesses and Employers Patient Education Programs Same-Day Appointments Usually Available 24-hour Coverage In Case of Emergency Referrals To Other Physicians As Needed Laboratory Services Family Planning Exams Chronic Disease Management (Diabetes, Hypertension, etc.) Bilingual Staff The Patient Portal powered by eClinicalWorks gives you 24/7 access to your medical information from the comfort and privacy of your own home. Patient Portal uses leading-edge technology to promote healthcare and makes it easier to perform preventative care, with a secure communication channel between you and your doctor, you can do all of the following: Update your demographics Review your personal health records (PHR) View lab results Request refills of authorized prescriptions Ask general questions and more Ask your doctor's office to get you registered in the patient portal. We look forward to helping you and your family. Contact us today to get started with your consultation. Physicians Pavilion 16902 Southwest Freeway, Suite 100 Sugar Land, TX 77479