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It is also suitable for organisations whose first aid needs assessment has identified the need for somebody trained in emergency first aid. First aid at work. This three-day course is for people who may need to provide first aid to someone who is injured or becomes ill while at work. It includes training on specific injuries and illnesses that may have been identified in your first aid needs assessment. First aid at work requalification. This course is for anyone who wants to requalify and update the skills they previously learned on a first aid at work course, in order to renew their certificate and continue to act as a workplace first aider. First aid annual skills update. Our annual skills update course is perfect for people who want to refresh and update their first aid at work skills. The Health and Safety Executive recommends that workplace first aiders complete an update of their first aid skills once a year. First aid for appointed persons. This course is for workplaces that do not require a first aider but want an appointed person to have simple first aid skills. Paediatric first aid. This two-day course is for people who look after babies and children in any setting, including nannies, childminders, nursery workers and au pairs. It is recommended for the Early Years Foundation Stage (EYFS) and meets the requirements for childcare registration. Emergency paediatric first aid. This one-day course is for newly qualified level two and three childcare staff who are beginning a career in an Early Years setting. We also provide first aid training for: fire marshals people who require an introduction to safe moving and handling techniques people who have oxygen in their workplace for first aid purposes. 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